



John Douglas Frost

May 10, 1944 - September 25, 2025

John Douglas “Doug” Frost, born May 10, 1944, in Kinistino, Saskatchewan, Canada, passed away peacefully on September 25, 2025, with his wife and family by his side.

He is survived by his wife of 33 years, Gereta; his sons, Shaun Frost (Sharon) and Rob Frost (Laura); his stepdaughter, Michelle Hutchison (Vann); and his brother, David Frost. He was predeceased by his father, Bill Frost; his mother, Mable White; his brother, Bob White; and his stepson, Todd Hutchison. Doug was the proud grandfather of five grandchildren: Cameron Frost, Warren Frost, Adam Frost, Ava Frost, and Aidan Beimer.

Doug devoted more than 30 years of service to the Royal Bank of Canada, working in numerous North American communities. Beyond his career, Doug had a passion for the outdoors, nurtured early in life by camping across Canada and the United States with family and friends from his native Saskatchewan, and throughout life by his love of golf. For more than 25 years, he was a dedicated member of Champions Golf Club in Houston, Texas, where he valued the fellowship of friends and celebrated remarkable achievements, including ten holes-in-one and many tournament victories, true testaments to both his skill and passion for the game.

Doug possessed a keen and inquisitive mind, always curious to expand his

understanding of the world around him. He was a voracious reader of books and periodicals about history, politics, current events, science, nature, and culture. In retirement, he and Gereta embraced this curiosity by traveling widely to explore new places and ways of life. These journeys, along with cherished time spent with family and friends, brought him great joy in his later years.

He will be deeply missed and fondly remembered by his family, his many friends, and all who had the privilege of knowing him. Doug's legacy lives on in his loved ones, the accomplishments he achieved, and the memories he leaves behind.